

## CURRICULUM VITAE

### **Dr. Amrita Singh**

Assistant Professor

Department of Home Science

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### **TEACHING & ACADEMIC EXPERIENCE:**

- Total 10 Years of teaching experience.
- Currently working as Assistant Professor (Home Science) at IGNTU Amarkant, M.P.

### **ACADEMICS:**

- Ph.D. 2013 (Child Development) from R.D.V.V., Jabalpur (M.P) 2013.
- M.Sc. (Human Development) from M.H. College, R.D.V.V, Jabalpur (M.P.) (2008) with 82.65%.
- B.Sc. (Home Science) from D.D.U. Gorakhpur University, Gorakhpur U.P. (2006) with 73.72%.
- 10+2 (Science + Biology) from A.D. Govt. Girls Inter College Gorakhpur U.P.(2003) with 54.6%.
- 10<sup>th</sup> (Science) from A.D.Govt.Girls Inter College Gorakhpur U.P. (2001)with 52.33%.

**BRIEF on Ph.D:** *Title* “Mata ke Vyavsay ka Kishoravastha ke Aatm- Samman awam Samajik Paripkkwata pr Prabhav ka Addhayan”.

### **CAREER HIGHLIGHTS:**

- **Qualified UGC-NET for Junior Research Fellowship (JRF) held** on 27<sup>th</sup> June 2010.
- **Hounoured with pratibha samman in** 2011 from M.H. College of H.Sc. & Sc .for women, Jabalpur.
- **Gold Medalist in M.Sc. (Human Development)** from M.H. College, R.D.V.V, Jabalpur M.P. in 2008.
- **Computer Proficiency:**
  - **Computer Basic Course in 2008.**
  - PGDCA through Vivekananda I.T. Academy 2009.

➤ **Paper Presentation:**

- Presented a Paper on **matao ke vyvsaay ki prakriti ewam vyvsaay ke estar ka kishor baalak baalikaao ke aatm samman par prabhav ka adhyan at** Baba Saheb Bhimrao Ambedkar University on” Scientific and Technological Advancement: Social Issues and Health concerns” held on 18 to 19 febraury 2014.
- Presented a Paper on **Mahila shshaktikaran me takniki shiksha ki bhumika** at Budha P.G. College Kushinagar, U.P. National Seminar Organized by IGNOU on “Distance Education: Challenger & Possibities” held on 8 August 2016
- Presented a Paper on Topic: **“Aatm-Vastvikaran: Kishoron ke Vyaktitva Vikas ka ek Mahatawpoorn Paksh”**, at Mahila Sewa Sadan Degree College, Allahabaad, on “Role of Home Science in the Developmental Activities of Adolescents Under Changing Scenario” held on 13<sup>th</sup>-15<sup>th</sup> October 2012.
- Presented a Research Paper on Topic: **“Jansankhya Sthanantaran: Janpad Maharajganj ka Pratik Addhayan”**, at Deen Dyal Upadhyay Gorakhpur University, Gorakhpur, on “Environment, Agriculture and Population Growth in India” held on 26<sup>th</sup>-28<sup>th</sup> December 2011.
- Presented an Article on Topic: **“Outdoor Games And Development of Child”**, at Govt. M. H. College of Home Science & Science For Women (Auto.), Jabalpur, on “Play Activities for Childhood Period in Different Developmental Areas” held on 02-04 September 2011.
- Presented a Paper on **“Role of Balanced Diet in Physical and Psychological development of Adolescent Girls”**, at Shankarlal Khandelwal College, Akola (M.S.), on “Need to Assess the Nutritional Status of Adolescent Girls for Futuristic Tasks” held on 13<sup>th</sup> October 2011.
- Presented a Research Paper on Topic: **“Impact of Mother’s Occupation on Self- Esteem of Adolescents”**, at Deen Dyal Upadhyay Gorakhpur University, Gorakhpur, National conference sponsored by ISRO, ICSSR, ICMR, CSIR, UPHEd on “Environment, Technology and Sustainable Development in India” held on 12-15 November 2010.
- Presented a Research Paper on Topic: **“Jabalpur nagar (Madhya Prades) ke Viparan ka Vikas: ek Bhougolik Addhayan”**, at Rani Durgavat University, Jabalpur, 31<sup>st</sup> Indian Geography Congress, Focal Theme: Environment, Culture and Development held on 19<sup>th</sup>-21<sup>st</sup> November 2009.
- Presented a Paper on Topic: **“efforts of Family & Society for Health of Adolescent Girl”**, at S.N.G.G.P.G. College, Bhopal, National Seminar sponsored by Department of Women & Child Development govt of M.P. on “Healthy Adolescent Girl- Reflection of a Healthy Society and Government Efforts” held on 3<sup>rd</sup> & 4<sup>th</sup> October 2008.
- Presented a Research Paper on Topic: **“Role of Women in Rural Development”** in National Conference on “Women Entrepreneurship Scope and opportunities” held on 24-25 February 2007, sponsored by UGC in Mankunwar Bai Art and Commerce Autonomous College for women, Jabalpur.

➤ **Research Paper Publications:**

- Published a paper 'Effect of work place on self-actualization of working women' in UGC listed Journal **IJRAR** December 2022.
- Published a paper 'matao ke prashshnik ewam shaikshik vyvsaay ka kishor baalak baalikao ke antavyktik paryaptata par prabhav ka adhyan' in UGC Research journal **the International Research journal of Social science and Humanities** June 2014.
- Published a paper 'matao ke prashashnik ewam shaikshik vyvsaay ka kishor baalak balikao ke samajik paripakkwata par prabhav ka addhyan' in **"International Multidisciplinary Journal** July 2014.
- Published a paper 'matao ke vyvsaay ki prakriti ewam vyvsaay ke estar ka kishor baalak-baalikao ke aatm samman par prabhav ka addhyan'in " **Research Direction**" July 2014.
- Published a paper 'matao ke prashashnik ewam shaikshik vyvsaay ka kishor baalak- baalikaon ke saamajik paryaptata par prabhav ka adhhyan' in '**paripex Indian Journal of research** August 2014.'
- Published a paper 'matao ke prashshanik ewam shaikshik vyvsaay ka kishor baal baalikaon ke vyktigat prayaptata par prabhav ka addhyan' **Global Academic Research journal** September 2014.
- Published a paper 'sah shiksha ewam ekal shiksha me adhyanrat kishor baalak – baalikao ke vyktitav ka addhyan' in an Annual Research journal **ANUSANDHAN (2011)**.
- Published a paper 'mata ke vyvsaay ki prakriti ka kishor baalak – baalikaon ke aatm samman ewam samajik paripakkwata par prabhav ka addhyan' in a Geographical Refereed journal **BHOOTAL (2012)**.
- Published a paper 'matao ke vyvsaay ki prakriti ewam vyvsaay ke estar ka kishor baalak- baalikaon ke swa pratykshikrit aatm samman par prabhav ka addhyan' in an International Multidisciplinary Research journal **RESEARCH EXPO (2013)**.
- Published a paper 'maata ke vyvsaay ka kishor baalak-baalikaon ke saamajik pratykshikrit aatm-samman par prabhav ka addhyan' in an **International journal of Multidisciplinary Research ACME(2014)**.

**SEMINARS AND CONFERENCES ATTENDED:**

- Attended Conference on **"New education policy 2020"** Conducted by Shaheed Bandhu Singh Degree College Gorakhpur U.P. held on 11 to 12 August 2020.
- Attended National webinar on **"Implications of the new Education policy 2020 on the school Education system of India"** Organized by the Seth P.T. Mahila College of Arts and Home Science, Surat Gujrat, held on 13 August 2020.
- Participated in International online workshop on **"Technology A Solution for envirement up-gradation"** organized by Narsingh Chaudhary College Jajpur Odisha, India held on 09 august 2020.
- Participated online **Covid-19 Awarness Quiz** organized by Rajkiya Mahila Snatakottar mahavidyalaya Kandala, Shamli, U.P. held on 14 may 2020.
- Attended National Training programme on **"Data Collection: Tools And Techniques or**

**Research**” Conducted by Govt. M. H. College of Home Sc. & Sc. For Women, Auto. Jabalpur, M.P. held on 2-10 January 2013.

- Attended National conference on “**shiksha ke ajastra shrot Swami Vivekanand**” Conducted by Govt. M. H. College of Home Sc. & Sc. For Women, Auto. Jabalpur, M.P. held on 16-17 January 2013, sponsored by Higher Education M.P.
- Attended the Workshop on “**Western Cookery**” organized on 08~10<sup>th</sup> February 2011 from Govt. M.H.College of Home Science and Science for women autonomous Jabalpur (M.P.).
- Attended National Seminar on “**Women Upliftment in after Independence Development and New Direction**” on 9~10<sup>th</sup> February, 2007, sponsored by U.G.C.
- Attended 27<sup>th</sup> Biennial Conference of HSAI on “**Expanding Horizons for Professionals Family and Community Science**”, held at Jabalpur (M.P.)

#### **EXTRA CURRICULAR ACTIVITIES:**

- **Orientation course** held on 23.08.2014 to 19.09.2014 conducted by Academic staff College,UGC. DDUGorakhpur University Gorakhpur.
- **Refresher course** held on 03 to 23 Jun 2017 by HRDC, UGC, DDU Gorakhpur University Gorakhpur.
- **Online Refresher course** held on 23 July to 05 august 2022 by HRDC, UGC, DDU Gorakhpur University Gorakhpur.
- **Certificate of N.S.S.** with working time of 240 days in 2006.
- Certificate for **Training of food** preservation.