

# NATIONAL SEMINAR

(14<sup>th</sup>-16<sup>th</sup> March 2018)

on

## Integrating Traditional Medicine & Yoga Practices for Healthcare: Opportunities & Challenges

(स्वास्थ्य के लिए पारंपरिक चिकित्सा और योग प्रथाओं का

एकीकरण: अवसर और चुनौतियां)



Department of Yoga  
Indira Gandhi National Tribal University  
Amarkantak, MP

### About University

The Indira Gandhi National Tribal University, Amarkantak has been established by an Act of the Parliament of India. It came into existence by the Indira Gandhi National Tribal University Act, 2007 and came into action on July 2008. The jurisdiction of the University extends to the whole country and it is fully funded by the Central Government through the University Grant Commission. The university caters to the tribals' long cherished dream of higher education.

### About Amarkantak

Amarkantak is a pilgrimage town in district of Anuppur, Madhya Pradesh, India. It is a unique natural heritage area- the meeting point of the Vindhyan and the Satpuras mountain ranges, with the Maikal Hills being the fulcrum. More importantly, it is a birth place of river Narmada, Son and Johila. The nearest railway station is Pendra Road (CG), nearly equidistance (28 km) from the Amarkantak and the university. The nearest airport are Jabalpur (Madhya Pradesh) approximately (240 km), and Raipur Airport (220 km) receiving daily flights from Delhi and Mumbai. The weather of Amarkantak in March remains pleasant. March offers a perfect time to visit nearby places of tourist interest.

### Yoga and Traditional Medicine for Human Health

According to Yogic scriptures, the practice of Yoga leads to the union of individual consciousness with universal consciousness. Yoga is a physical, mental, and spiritual practice or discipline which originated in ancient India and is followed in all over the world. Many studies have tried to determine the effectiveness of yoga as a complementary intervention for cancer, schizophrenia, asthma, and heart disease. Traditional medicine for human health is a customary practice in Indian society and culture. Newer and novel concepts of Yoga practice and traditional medicine have been more relevant in the modern age to maintain good health.

### Organizing Committee

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Dr. Neelam Shrivastava

### Call for Abstract

We are pleased to invite you to submit abstract of your scientific work for oral presentation and poster session.

Send your abstract (Times New Roman / Any Hindi Font, 12 Font, 250 words) by email to [seminar.yoga.2018@gmail.com](mailto:seminar.yoga.2018@gmail.com) before last date i.e. **02<sup>nd</sup> March 2018**.

For any query regarding National Seminar, please contact:

**Dr. Mohal Lal Chadhar**

**Organizing Secretary, National Seminar Yoga, 2018**

Department of Yoga, IGNTU, Amarkantak, MP, 484887,

Mobile: 9301599008, Email: [mohan.chadhar@igntu.ac.in](mailto:mohan.chadhar@igntu.ac.in)

### Registration

The duly filled registration form should be send along with the demand draft drawn in favor of NATIONAL SEMINAR YOGA, payable at Central Bank of India, Lalpur Branch, Anuppur (and post the DD to the Organizing Secretary) or by online transfer to Account Name: NATIONAL SEMINAR YOGA; A /C No: 3661958709, Bank Name: Central Bank of India, Branch Name: Lalpur IGNTU Amarkantak, IFSC Code: CBIN0284695. (Online transaction details must be sent to the Organizing Secretary by email: [seminar.yoga.2018@gmail.com](mailto:seminar.yoga.2018@gmail.com) Registration fee is not refundable).

### REGISTRATION FEE

Students*	Rs. 500
Delegate Academic	Rs. 800
Delegate Others	Rs. 1000

\*Include hostel accommodation

Last Date for submission of Registration Form: 05<sup>th</sup> March 2018

### Accommodation

For delegate accommodation arrangements for participants will be made on prior request in guest house/hostels. Availability of rooms will be on payment basis. A prior intimation regarding accommodation is must.

### REGISTRATION FORM

**National Seminar -2018**

**Department of Yoga**

**Indira Gandhi National Tribal University, Amarkantak,**

**MP**

(Please fill in block letters)

Name \_\_\_\_\_

Qualification \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

Tel./Mob. \_\_\_\_\_

E-mail ID \_\_\_\_\_

Category (Industry/Academics/Student delegate)

Accommodation required

Yes.....No.....

Fees Details:

DD No/Online Transaction No. \_\_\_\_\_

Dated.....Amount.....

Title of abstract.....

Preference: Oral/Poster Signature.....

Note: Photocopy of Registration form can be used, if required.

Sub-Theme : Yoga Science, Yoga Therapy, Yoga Psychology, Naturopathy, Tribal Health, Indigenous Medicine, Ayurvedic Medicine, Sidhha Medicine, Meditation, Any Other related area