

ICSSR Sponsored
Two Days
National Seminar on
"Concept of Yoga in Ancient Indian Culture"



30th November to 1st December 2018

Organized by

Department of Yoga
Indira Gandhi National Tribal University
Amarkantak (MP) 487887

Preamble

Yoga has occupied an important place in the way of life of human since time immemorial. There are lot of literary and archaeological references which provide the importance of practising yoga in human life. The Vedic literature i.e., Rig Veda, Yajur Veda, Sam Veda, Atharva Veda and its associated texts directly or indirectly mentions the concept of Yoga. Apart from this the Buddhist texts like Tripitaka, Deepvamsa, Mahavamsa and Jain text like Bhagawati Sutra and Agam literature also provide the importance of Yoga. After sixth century BCE, the texts like Patanjali Yog Sutra, Vashistha Samhita, Hath-Yoga Pradeepika, Shiv Samhita, Gherand Samhita, Sankhya Dharshan, Gorakshashatak, Srimad Bhagvat Geeta, Ramayana, Mahabharat and Ashtavakra Geeta display the exclusive information about the Yoga and its various practice methods. It has also been noticed that few such archaeological artefacts are available which may throw light on the practices of yoga in ancient period.

The National Seminar attempts to bring together the scholars, researchers and practitioners from the different parts of India who are associated with Yoga and Yogic culture prevailed during ancient to the modern periods. The Seminar consists the following sub-themes:

- Historical Concept of Yoga
- Yoga in Different Religions
- Yoga in Literature/ Archaeology
- Yoga in Contemporary Period
- Yoga in Global Context

Research Papers

The scholars participating in the seminar are requested to submit their research papers on any one of the themes mentioned above. It should clearly mention the title, central themes, methodology employed and the conclusion reached at. The complete research paper which should contain about 2000 words should be computer-typed in A-4 size paper and should reach the convener latest by 20th October 2018. However in order to ensure your participation, you may also send the abstract of the research paper in about 500 words containing the title, theme, conclusion, etc. This will be distributed among the participants as seminar material before talking the deliberations.

Language

Research paper written in Hindi or English language only shall be accepted.

Proceedings

Proceedings of the seminar containing the outstanding and quality research paper will be published in the form of a book after it is over.

Registration

Registration fee is exempted for the participants whom paper are accepted by Review Committee.

Boarding and Lodging

Arrangements shall be made by the organizers of The National Seminar.

About Amarkantak:-

Amarkantak is located in the state of Madhya Pradesh in India at 22.67°N 81.75°E. It has an average elevation of 1,048 metres (3,438 ft). The Amarkantak region is a unique natural heritage area and is the meeting point of the Vindhya and the Satpura Ranges, with the Maikal Hills being the fulcrum. This is where the Narmada River, the Son River and Johila River emerge. Popular 15th-century Indian mystic and poet Kabir is said to have meditated on Kabir Chabutra, also called the platform of Kabir situated in the town of Amarkantak. The ancient temples of Kalachuri period are in

the south of Narmadakund, just behind it. These were built by Kalachuri Maharaja Karnadeva (1041–1073 AD). The town of Amarkantak is surrounded by a rich variety of flora with medicinal properties.

How to reach

Amarkantak is situated 30 kms in the west of Pendra Road Railway Station (Chattisgarh) on Katni-Bilaspur track of South West Central Railway. Almost all the trains plying on this track stop here. It can be reached by bus from all directions as there are good frequency of buses on Jabalpur, Raipur, Bilaspur, Allahabad, Rewa, Shahdol, Dindori and Anuppur routes. Amarkantak can be approached by air through Jabalpur (M.P.) in the West and Raipur (Chattisgarh) in the East.

Nearest Airport :

1. Jabalpur - Distance 220 KM from Amarkantak.
2. Raipur - Distance 230 KM from Amarkantak.

Nearest Railway Station :

1. Pendra Road - Distance 35 KM from Amarkantak
2. Bilaspur- Distance 120 KM from Amarkantak

Organizers

Chief Patron

Prof. T.V. Kattimani, Vice Chancellor, IGNTU, Amarkantak

Chairman

Prof. N.S.Hari Narayana Moorthy, Dean, Faculty of Yoga

Convenor

Dr. B. Janardhan, Assistant Professor, Indian History, Cult. & Arch.

Organizing Secretary

Dr. Mohan Lal Chadhar, HOD, Dept. of Yoga

Contact:

Dr. Mohan Lal Chadhar

Mob. No. 9407012872

E-mail : hod.yoga@ igntu.ac.in

Dr. Janardhana B.

Mob. 9686130260

E-mail: janardhanab@igntu.ac.in

**Two Days National Seminar On
Concept of Yoga in Ancient Indian Culture
October 28-29, 2018**

1. Name

(IN BLOCK LETTERS)

2. Position Held

3. Affiliation (Organization)

.....

4. Address.....

.....

.....

5. Phone Number.....

6. E-mail.....

7. I wish to participate with/without paper as participating member

.....

.....

8. Title of the paper.....

.....

Signature