



Department of Yoga
इन्दिरा गाँधी राष्ट्रीय जनजातीय विश्वविद्यालय, अमरकंटक (म.प्र.)
Indira Gandhi National Tribal University, Amarkantak(M.P.)
(A National University established by an Act of Parliament)

Amarkantak, 24/05/2018

NOTICE

All students, staff and faculties of IGNTU, KV and Model School are hereby informed that the 4th International Yoga Day is to be celebrated on 21st June-2018 at 7.00 AM in IGNTU campus (Yoga Kendra). All members are requested to attend the celebration.

On the occasion of 4th International Yoga Day, the following competition are to be conducted for students on 19th and 20th June-2018.

1. Quiz competition
2. Essay competition
3. Drawing /painting competition
4. Yogasana competition
5. Yoga Demo by the students
6. Poster Presentation
7. One day yoga workshop

Please register your name for the competition on or before 17/06/2018 to the following faculty members of the Department of Yoga.

1. Dr. Shyam Sundar Pal
2. Dr. Sandeep Takre
3. Dr. Neelam Shrivastava

HOD



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One Day Yoga Workshop on 20 June-2018

Timings	Programmes/Activities
10.00 a.m. to 11.30 a.m.	Inaugural Function
11.30 a.m. to 12.00 Noon	Tea Break
12.00 Noon to 1.30 p.m.	Key Notes Address
1.30 p.m. to 02.30 p.m.	Lunch Break
2.30 p.m. to 3.30 p.m.	Best poster presentation
3.30 p.m. to 4.00 p.m.	Tea Break
4.00 p.m. to 5.00 p.m.	Satsang



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4th International Day of Yoga 21 June,2018

REGISTRATION FORM

Title (Mr/Ms./Mrs./Dr.) : _____

Name : _____

Date of Birth : _____

Occupation / Designation: _____

Address : _____

Phone : _____ Mobile no.: _____

Address : _____

Title of the competition: _____

Date

Signature of the candidate

`Signature of the Faculty (I/C)